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# How to recover from cybersecurity incidents: A 5-step plan

Cybersecurity prevention is essential, but it is failing miserably. Focus on how to recover from cybersecurity events by following these tips.

#### **HHS Releases Best Practice Healthcare Cybersecurity Guidelines**

The goal is to outline practical security methods to cost effectively reduce cyber risk within health organizations, from local clinics to major health systems.

## On cybersecurity, North Dakota wants to 'change the conversation completely'

Among the first items the North Dakota legislature will consider when it convenes Thursday is a radical overhaul of the state's information technology budget, proposed earlier this year by the state's top technology officials, to unify IT and cybersecurity polices for nearly every public institution across the state under a single agency.

#### Advice for educators seeking a smooth transition to the cloud

For administrators looking to take the focus of edtech away from upkeep and back to learning, moving to the cloud could be the answer

#### Internet provider aims to expand rural broadband in Midwest

An Illinois-based internet provider is planning to spur broadband development in rural areas across five states in the central U.S.

#### The Top 19 Security Predictions for 2019

It's time for the cybersecurity industry's annual predictions, online threat forecasts and cybersecurity trend reports. Here's your roundup of top insights from the leading security companies and cyber experts for 2019 and into the 2020s.

#### Technology seen as becoming greater part of public safety in the future

NextGen 911 is a digital 911 system, an upgrade from the original analog 911 technology. Public safety answering points [PSAPs] across the country are being upgraded to improve the reliability and efficacy of the 911 system. PSAPs using NextGen 911 will be able to receive data including voice, photo, video and text messages.

#### **Top 6 mHealth Stories of 2018**

In 2018, many apps and initiatives hit the market to address issues such as substance use disorder, anxiety disorder, depression and fertility. Surveys also revealed that while many consumers have downloaded at least one mHealth app.

#### **UW-Madison Project Uses mHealth to Study Nurse Stress, Fatigue**

A University of Wisconsin-Madison researcher is using Fitbits to track nurse activity and sleep in an mHealth project aimed at reducing stress and fatigue in an often overworked provider population.

#### How skeptics called Big Telecom's bluff on broadband coverage maps

The Federal Communications Commission will soon divvy up \$4.53 billion to cellphone carriers as part of an initiative to expand high-speed internet access in rural, underserved areas all across the country, but before it does, there's the matter of the maps.

## Georgia Tech's online cybersecurity master's program gets \$500K investment

Ahead of its launch in January, the online cybersecurity master's program at the Georgia Institute of Technology has received a \$500,000 investment from Accenture Security, now the program's first corporate sponsor.



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